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Two Cats Enjoy the Sun at Curtis Orchard

Photo source: **Morgan Parrish**

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Free

Depression

Screening at

Parkland

savannah**WEISHAAR**

Reporter

Parkland College will be having a free educational session in observance of National Depression Screening Day on Oct. 17

From 12:00pm-1:00pm on Oct. 17 in room U140 Parkland will be hosting a free informational session. The session will start with a 30 minute video about depression, followed by discussion with an expert panel. During the discussion students will be given information about where to get a free depression screening at Parkland. There will also be time for people to ask any questions they may have regarding depression, the screening, or treatment options. For those interested in the free depression screening, counselors at Parkland will offer recommendations about further treatment if it is needed. This event is open to the not only students but the public as well. However, it is especially important for students to take care of their mental health. Students experiencing any of the following symptoms are strongly urged to attend:

- *prolonged sadness*
- *changes in eating and sleeping patterns*
- *irritability*
- *loss of energy*
- *feelings of hopelessness*
- *inability to concentrate*
- *loss of interest in daily activities*
- *social withdrawal*
- *unexplained aches and pains*
- *recurring thoughts of suicide*

These symptoms could possibly be indicators of mild to severe depression. It is often said that many students do not seek help because they feel

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# Controversial Cartoon Receives Public Backlash

paul**BENSON** | Reporter

On Monday, October 1st, a protest was held outside the News Gazette building. The protest was in response

vehicle indicates the two are parked at “Lovers Lane.” The boy teenager has a thought bubble that reads, “Wait - what am I doing here? This could come back to

Tanisha King-Taylor and Mike Ingram. They all gave short speeches addressing equal representation of women in positions of power, and also suggesting some female representation on the all-male-editorial-board at the News Gazette. During her speech, Carol Ammons said “sexual assault is not a Republican or Democrat issue. It’s a human issue. What does the current climate teach women and girls about coming forward to speak about their victimization? Death threats, suspicion, ridicule, and scorn. Motives questioned and credibility attacked.” Ammons also made the point that it doesn’t matter how long it takes for a person to tell their story. Victims will tell their story when they know it is time for them to tell their story. A protester pitched in with, “and we all have a story to tell.” Ammons took what the protester said and then repeated it into the microphone.

Protesters held signs that said “End Rape Culture,” “Sexual Manipulators Are Sexual Predators,” “I Believe Survivors,” “I didn’t give my permission,” and “The News-Gazette Supports Rape Culture,” among others. Cars honked in support as they drove by. People on the street stopped to say hello

and provide support to friends and strangers alike taking part in the protest. There were a few chants at the protest, including “Rape culture isn’t funny, apologize or lose our money!” Even Parkland students were riled up about the cartoon. “I think it’s a failed attempt at humor. It’s somebody who tries to make a joke, but their joke, not only is it not funny, but the message of the joke is

how can this affect me in 30 years, that’s garbage. Your response should be how are my actions gonna directly affect this person now, near future, and distant future. Not myself in 30 years. That’s terrible.” One female student stated “I don’t find it appropriate, especially in journalism, for anyone to make light of a situation that... I find to be very serious and something that I know affects a lot of



Protester at The News Gazzette

Photo source: **Andy Morales**

to a cartoon released Sept. 25th that commented on the #MeToo movement and more specifically, the Kavanaugh hearings. Rally organizers believed this cartoon to be in very poor taste - to say the least. The cartoon was titled “Teen Angst in the Era of #MeToo.” In the cartoon two teenagers are sitting in a car. A sign outside the

haunt me in 30 years when I’m up for a big position.” While the girl’s thought bubble reads, “What’s he waiting for? Doesn’t he like me?... What’s wrong with boys these days?” Among the protesters were State Rep. Carol Ammons, County Clerk Candidate Aaron Ammons, as well as Democratic County Board Candidates,



Man Listens

Photo source: **Andy Morales**

terrible,” one male student said. He then pointed at the male thought bubble in the cartoon, “if the only reason you don’t hurt somebody is

women in America.” When asked if the News Gazette should hire female editors

SEE **CULTURE** PAGE 3

# Parkland Soccer Attracts World - Wide Attention

ayla**MCDONALD** | Reporter

Each year Parkland College sponsors student athletes from all over the world to come play for the Parkland Cobras Men’s Soccer team. The team is uniquely multicultural, sporting players from over thirteen different countries, including athletes from Mexico, Japan, Ethiopia, Columbia, Tunisia, the Netherlands, the United Kingdom, Venezuela, Italy, and Canada, to name a few during the fall ’18 season alone. “The team is pretty multicultural by design,” says Mark Sikora, Head Coach of the Parkland Cobras Men’s Soccer team for the past 12 seasons. “There’s a premium on athletic competition with a focus on how we can win. Parkland serves the local community first, but also sponsors athletes on an international level. We try to

facilitate a world-wide team with international players that have played soccer at higher skill levels from younger ages.” Sikora says that sponsoring international students is beneficial not only for Parkland Sports but also for the student athletes. The combination of a competitive sports department, high academic rating and affordability makes Parkland a desirable choice for student athletes who are looking to play sports while studying in a foreign country. “Usually we receive 10 to 15 letters a day from world-wide recruiters,” Sikora says. “Parkland College is not just about athletics, it’s also great financially and academically. That’s something that speaks to prospective players who have both athletic and academic interests.” For Jesus Reina, a sophomore at Parkland

College studying English as a Second Language, striker for Parkland’s Men’s Soccer Team and winner of the title Best Player in Illinois for 2017, Parkland College serves as a stepping stone to bigger life goals. “Accepting a scholarship at Parkland has given me an advantage. Other universities can see me play and offer me better scholarships to study,” Reina says. For Parkland’s Men’s Soccer Team, there are certain challenges that come along with cultural diversity among which, according to Mark Sikora, a definite language barrier is the most difficult. “The ability to communicate through issues and problems is a struggle,” Sikora says. “The game itself speaks its own language, which is where we start. Communication improves over time with teamwork and through

interaction with players who speak fluent English.” Although soccer is a global sport, Sikora says that cultural barriers exist for the players even on a stylistic level. “Playing style and strategy is an issue that is stereotypical of how an athlete is taught to play depending on where they are from. Same game, different styles.” But for Sikora and for the soccer players he coaches, the gains of maneuvering cultural challenges and making deep world-wide connections outweigh the challenges presented by international sports. “I enjoy observing community building within the team,” Sikora says. “I appreciate the risks taken on the part of international students who come at such young ages to a foreign-language speaking country, and I can’t say enough

about American students who open their doors to the international community. Friendship building makes for better teamwork and helps each other excel. It’s a cool thing to watch.” Many of the players go on to keep in touch after graduation, even across borders. “Teammates stay in touch with each other after leaving Parkland, traveling to see each other and getting together for the World Cup,” Sikora says. “What’s more important that wins and losses is gaining a broader world view. For many of our players soccer is an anchor to that.” The Parkland Cobras Men’s Soccer Team will continue to play through to the month of November. A timetable of the Team’s scheduled games can be found online at athletics.parkland.edu under Men’s Soccer.



# PARKLAND

## Fall Hard for Central Illinois

ashleyHOUSE | Reporter

Fall is officially in full swing, which means trading fun pool days for cozy sweaters, crunchy leaves, and fall activities. If you're looking for a unique date, a fun girls' day, or just something to cure your boredom, the CU area has a plethora of activities to choose from.

A fan favorite in CU, Curtis Orchard is a small family-run farm, and with its wide variety of activities to choose from it's fun for the whole family. Just for little ones, the orchard has pony rides, munchkin land, a giant slide, and a small play area, as well as face painting that, let's be honest, even as a college student you'll want to do. For all ages, the corn maze is fun to take on in a group, and each of you can earn a free wagon ride for completing the maze and finding all of the marked posts inside. You can also grab lunch at the Flying Monkey Cafe or take home your very own package of Curtis Orchard apple donuts and a gallon of fresh apple cider. Last but not least, the most popular activity at Curtis Orchard: apple and/or pumpkin picking. As October comes to a close, however, the pickings will be slim, so hurry in to get the best pumpkin in the patch.



The Yellow Brick Road at Curtis Orchard

Photo source: Morgan Parrish

Whether you enjoy football games or not, tailgating is always something fun to do with family or friends. Especially with the weather starting to cool off, there's nothing better than throwing on your favorite cozy sweater and Illini hat and heading

out for good music, hot dogs, and beer. Tailgating can get a little pricey, though, so I recommend going with someone who has a season tailgate pass and offering to bring your own food or beverages. If you plan to attend the game, make sure you check out the new Illini bag policy before you go.

Just a quick 20 minute drive north, Hardy's Reindeer Ranch in Rantoul is also a popular fall destination. With a huge corn maze, pulled pork parfaits, a pumpkin cannon, and real live reindeer, there's not much more you could ask for out of a place. You can even go later in the year and pick out your Christmas tree and experience the magic of the reindeer!

The only haunted house experience featured directly in CU this year will be Dallas & Company's haunted room attraction, located inside the store. This one has free admission, so I recommend taking advantage of the experience! If you're looking for more thrills this fall, you'll have to travel to Rantoul. While you're up north for Hardy's Reindeer Ranch, be sure to check out the Necrosis Haunted House for all your thrills and chills.

There are a lot of opportunities to get your fall fix this year, as the weather is perfect for all kinds of outdoor activities and photo opportunities. Make sure to grab a pumpkin spice latte from Starbucks before heading out on your fall adventures this year. (No, I wasn't paid to say that)



Fruit for Sale at Curtis Orchard

Photo source: Morgan Parrish

FROM PAGE 1

## HEALTH

embarrassed or ashamed. If this is the case, students should know that they are not alone in the battle with depression. According to an article written by professor of psychiatry and neuroscience David Rosenberg, "anxiety and depression are the top reasons that college students seek counseling". Rosenberg also states that a shocking 1 in 5 college students suffer from depression. College students are obviously at high risk for depression. According to the National Institute of Mental Health, out of all the varieties of demographics including sex, age, and race, the age range of 18-25 had the highest percentage (10.9%) regarding the prevalence of a major depressive episode in 2016.

If students are unable to attend the free screening, counseling services are offered at Parkland and in the Champaign area year round. The Parkland Mental Health Counseling page states "Short-term, solution-focused, and confidential mental health counseling is provided for currently enrolled students by professional faculty counselors. Referrals are made to community agencies when appropriate. Counselors also provide psycho-educational workshops on a variety of topics.

Students experiencing significant distress are seen as soon as possible." Counseling Services is currently providing a two-part psycho-educational workshop for students struggling with everyday stress. According to the Parkland page, the workshop is meant to "Manage stress, anxiety, and other emotions productively, learn mindfulness skills that can have a positive impact in the classroom and in your relationships, and identify what's most important to you and prioritize accordingly." This workshop is open to any Parkland student that is able to attend both days of the session. There are two sessions coming up for students to attend—one on Wednesday Oct 24 and 31 from 1:00pm-2:00pm with Angela Jancola and another one Tuesday Nov. 13 and 20 from 10:00am-11:00am with Katie Schacht. The Parkland Women's Soccer Team was required to attend this workshop in the summer. Many of the players found it helpful for learning how to balance being a student as well as an athlete. This is just one way in which this program can be beneficial to any and all students struggling.

Parkland counselors are available Monday-Friday 8:00am to 5:00pm. Students can stop by U268 or call 217-351-2219 if they have questions of would like to schedule an appointment with a counselor. The Champaign County Crisis Hotline is open 24 hours a day in case of emergencies.



Moving Words From an Assault Survivor

Photo source: Morgan Parrish



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DEBT

Cartoon source: **Emma Fleming**

FROM PAGE 1

# CULTURE

to their all male editor board she said “Absolutely, definitely. Women should have that voice in every sense. I wish that there was more of a female voice even in the editing of the Parkland newspaper.” Another male student briefly said “You must have consent, that’s what I’ve been taught throughout my entire life.” When asked about the cartoon another female student said “It’s obviously offensive in every way, shape, or form. It’s definitely not something the News Gazette should have put out by any means.” From the Parkland students who were interviewed, all seemed to agree that the cartoon was in poor taste.

The cartoonist, Robert Ariail, wrote a response to the backlash he's received for his cartoon. In the short opinion piece, he fails to apologize and instead claims his cartoon was misinterpreted, stating "if people are interpreting it this way, then I have failed in communicating my idea. But that is it." Parkland students and the people of Champaign seem to disagree that he failed to communicate. People interpreted it to be in poor taste, not because he failed to communicate, but because of the sexist overtones and the notion that consent is something to be afraid of.

To the News Gazette's credit, they published a letter to the editor from a concerned health educator, Guthrie Hood. "When we expect others, whether it be a sexual partner, a physician, a trusted friend or someone else, to receive our consent before touching our body, we are giving ourselves the inherent respect we are due as a human being. Similarly, asking



## More People Protest The News Gazzette's Cartoon

Photo source: **Andy Morales**

for consent from others is evidence that we respect and value them as a human being. As long as we perpetuate the notion that consent is something to be scared of, we will continue to have young men and women who shy away from discussing it rather than embracing it as part of healthy interpersonal relationships,” Hood explains. This is a very important message especially for young adults. Consent is simple: always ask and always consider the other human being.



### Tanisha King-Taylor Gives Speech at Protest

Photo source:  
**Andy Morales**

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PARKLAND

5 Best Study Spaces Around Campus

Photos by: Emma Fleming

emmaFLEMING | Reporter

Every student needs a decent study space while on campus. Whether indoor or outdoor, secluded or public, there is a space for everyone. Here are the 5 best study spaces on Parkland’s Campus:

D120 Private Study Rooms



These rooms are quiet and situated inside the Center for Academic Success. The private study rooms include large tables, computers and dry-erase boards for any academic needs. “These rooms give us privacy and help us focus,” Parkland student Ebere Ogwo says. The private study rooms are Ogwo’s go-to study spot when she is looking for a quiet and productive atmosphere. Mikyla Sted, also a student, enjoys the fact that the rooms are in D120. “You can have a quick discussion with a tutor,” Sted says. “And go right back to the room.” Because the rooms are in D120, they offer a great opportunity for students to work with tutors and professors. Head to the Center for Academic Success to book a private study room.

Quiet Study Lounge in the Union



The quiet study lounge is located on the second floor in the Union. This space is unique and comfortable. The glass-enclosed lounge allows one to see everything that is going on in the Union but is secluded enough to block out any noise. Parkland student Michael Doehring admires the quaintness of the study space. “For me, if I’m going to study somewhere, I like to be familiar with that place. I’m comfortable here,” Doehring says. Also impressed with the lounge’s comfortable feel is student Elizabeth Cenzano. “It’s small and cozy,” Cenzano says. “It makes me feel at home.” The quiet study lounge in the Union is the best place to go to feel relaxed and comfortable while studying on campus.

M-Wing Study Lounge



This study lounge is conveniently located in the M-wing just down the hall from the old cafeteria. The lounge offers a more contemporary vibe compared to the others. This study lounge has tables and chairs, but also includes comfortable couch seating. In addition, this lounge has multiple charging stations on each side table. What makes this area appealing to one student is the solitude that the first floor of the M-wing offers. “I study here a lot because it is so quiet.” Find the M-wing study lounge for convenient and peaceful studying,” Arch Patel says.

Silent Area of the Library

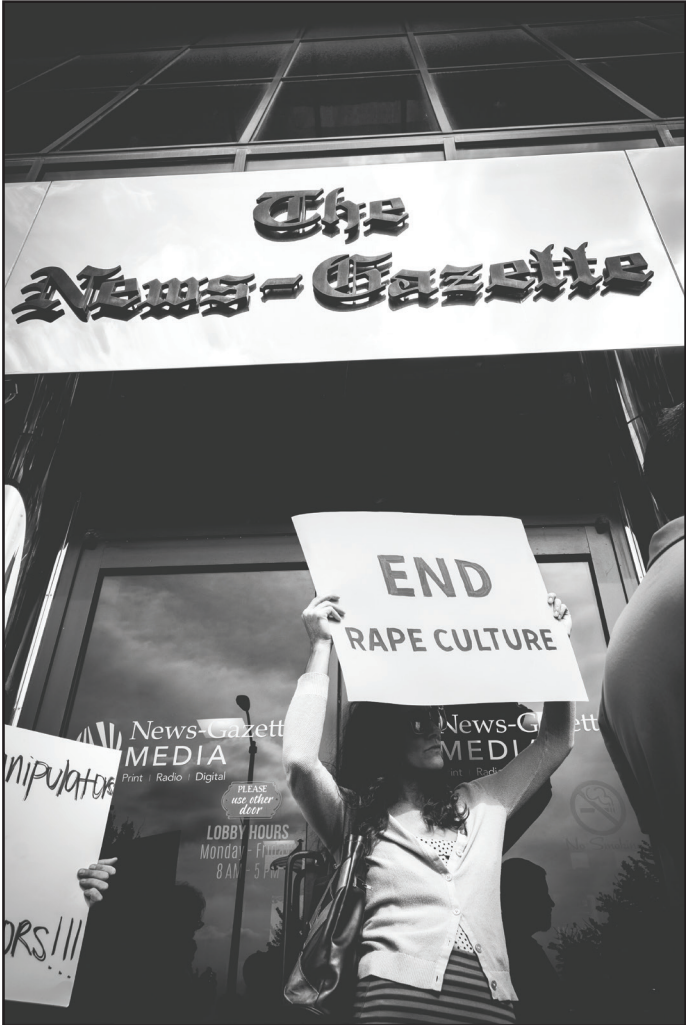


Students wanting to study in peace and quiet should look no further. The silent area of the library is almost noiseless. This area of the library is located on the second floor and is the prime location for information. Need to do some research? Need a book for class? Both of those are easily accessible for students who choose to study at the library. There are individual study tables for privacy, lounge chairs, and group study tables. “I would move in if I could. It’s super quiet and everyone really tries to keep it a quiet area,” student Sage Russell says. This study space is the best place for students to go when trying to escape the noisy crowds of people on campus.

Bench Area Between C and D Wing



This outdoor space is off the beaten path. Tucked between the C and D-wings, this gardened area offers a little bit of serenity. As a student, sometimes a breath of fresh air is essential to productive study time, and this is the perfect place to get that fresh air. The area includes a bench and an abundance of plant life! The fresh air, the colorful plant life, and the privacy of this space make it one of the most tranquil places to study on campus.



Protester Photo source: Andy Morales

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*The Prospectus works to proliferate information relevant to Parkland-goers and provide its student workers with a space conducive to the learning environment.*

The *Prospectus* is Parkland College’s campus-wide student newspaper, and has been in constant production since late 1968. Our reporters and editors are exclusively students of Parkland College with a variety of majors and career interests, not just communications and journalism. We set out to provide an outlet for students to further develop their writing, photography, communication, time management, and critical thinking skills while producing a quality, trusted source of news for Parkland-goers. The *Prospectus* publishes weekly during Parkland’s spring and fall semesters and three times during the summer semester.

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